

The 7-Day Shedding & Fresh-Home Plan

One focused week that visibly cuts loose hair and pet smell — then a 10-minute daily rhythm that keeps it that way.

You will need: a brush matched to your pet's coat (slicker for medium/long coats, rubber curry for short coats), a lint roller or pet-hair remover, washable throws for favorite spots, and an enzyme cleaner for accidents. Total daily effort: 10–20 minutes.

Day	Time	What to do
Day 1 — The Big Brush-Out	15 min	Brush outside or on a hard floor, in the direction of growth, checking skin as you go. Vacuum the main room right after. This removes the week's loose undercoat in one pass.
Day 2 — Soft-Furnishing Reset	20 min	Wash pet bedding and throws hot. Damp rubber glove or hair remover across sofas and car seats — hair lifts in sheets.
Day 3 — Air & Odor Sources	10 min	Open windows 15 minutes. Enzyme-clean one old accident spot properly (soak, wait the label time, blot — never scrub). Empty and wash litter boxes / pick up the yard fully.
Day 4 — Coat Care, Round Two	10 min	Second brush-out (you will be surprised how much less comes out). Wipe paws and bellies after walks — half of "pet smell" is outdoor dirt tracked in.
Day 5 — Floors Deep Pass	20 min	Vacuum in two directions, then damp-mop hard floors. Hair hides along baseboards and under furniture edges — do those strips first.
Day 6 — Wash & Rotate	15 min	Wash bedding/throws again, rotate a clean set on. Quick brush. Sprinkle-and-vacuum fabric refresh for rugs (baking soda, 15 min, then vacuum) — skip this for birds/small pets in the room.
Day 7 — The Sniff Test & Reset	10 min	Final brush-out and floor pass. Stand at the front door, come in from outside air, and sniff — that is what guests smell. Note what still smells and target it next week.

After the week: the 10-minute daily rhythm

- ☐ **Minutes 0–3:** quick brush or glove pass over the pet's favorite lounging spots — most loose hair lands in the same three places.
- ☐ **Minutes 3–6:** paw wipe at the door + litter scoop or yard check.
- ☐ **Minutes 6–10:** one fast vacuum pass of the highest-traffic room only. Small and daily beats huge and never.
- ☐ Weekly: wash bedding once, full-home vacuum twice, litter boxes fully emptied and washed once (cats) — odor is a schedule problem, not a product problem.

A quick honesty note

Shedding that suddenly doubles, bald patches, itching, or a strong new smell from skin or ears is not a housekeeping problem — it is a vet visit. This plan manages normal coat turnover; it does not diagnose anything.